

# Free Public Event



## Navigating Life Transitions After Spinal Cord Injury

June 22, 2010

Toronto Rehab's Spinal Cord Injury  
Rehabilitation Program, Lyndhurst Centre  
520 Sutherland Drive, Toronto

5:30 – 7:30 p.m. – Registration and exhibit viewing  
7:30 – 9:00 p.m. – Presentation and discussion

### Learn from leading experts about:

- Navigating important life transitions after spinal cord injury
- How to build the life skills necessary to achieve independence
- Community resources available to manage transitions

**Register now**

**[www.torontorehab.com/livingwithlivingwell](http://www.torontorehab.com/livingwithlivingwell)**

For more information: 416-597-3422, ext. 3693.

**Free admission – Register today**

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